

FREE

Course for Willowdene School parents & carers

All sessions are on zoom and you will need a smartphone, tablet or computer with Internet access.

Sewing for wellbeing

Every **Wednesday** 9.30- -12.30 pm until 7th July
(no class on 2nd June for half-term)



Join us on this fun course to create a large sewn wall hanging representing all the birds/ animals of the school classes. You will learn different hand stitches, facts about the animals and make new friends.
Beginners welcome!

What parents have said:

"I'm really enjoying the course and sewing together."

"I am learning new stitches now."

"It's nice that we can still continue the course on-line otherwise I wouldn't have much social contact."

"I thoroughly enjoy the course and look forward to it once a week."

To book your space on the course or for more information please email or text:

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Or Millie.Easter@citylit.ac.uk / 07733- 307266