Short Breaks for Disabled Children
April 2019 - April 2021
Welcome to the Royal Borough of Greenwich’s short breaks programme of events for children and young people aged up to 18.

Our programme of exciting activities has been developed using feedback from families and young people with a special educational need and/or disability (SEND) so we really hope there will be something included that your child would like to do.

All activities offered in this program have been broken down into categories:

- **Targeted – Primary**
- **Targeted – Secondary**
- **Specialist – Primary**
- **Specialist – Secondary**

Some of the providers listed also offer other services for children and young people with disabilities. Further information can be found on the Royal Borough of Greenwich Local Offer website [royalgreenwich.gov.uk/localoffer](http://royalgreenwich.gov.uk/localoffer)

### What is a short break?

The term "short breaks" refers to services that help parents/carer to more effectively provide care for their disabled children by providing them regular breaks so that they can meet the needs of other children in the family; study or take part in leisure activities themselves; or carry out day to day household tasks. We also want short breaks to help make sure young people access positive activities. [greenwichfamiliesinformation.org.uk/socialcare](http://greenwichfamiliesinformation.org.uk/socialcare)
Who can access short breaks activities?

All children and young people need to be assessed to determine if they are eligible for short breaks

• For the targeted service it will include a short break assessment.

• For the specialist service it will include a social work assessment.

The short breaks activities advertised are for children and young people with an assessed need, aged between 0 and 17 years, living in the Royal Borough of Greenwich. This also applies to looked after children from another borough living in Royal Greenwich. See individual provider information for specific age groups for their activity.

Whilst not every activity will be suitable for every young person, our aim is to provide a range of activities to offer something for everyone. Please contact the provider directly if you want to discuss the activities they deliver and the suitability for your child.

Royal Borough of Greenwich Short Breaks Core Offer;

Each eligible child or young person can access up to 100 hours of short break provision as part of the Greenwich core offer. Those who are assessed as needing more support may be given more hours. The core offer can be used with any of the providers in this programme.

From 1 April 2019 to March 31 2020, eligible children and young people will be able to access up to 100 hours of short breaks. We will work with you to ensure you have choice over your specific type of provision you wish to attend and at which times.

You will be asked to send the short break team your preference for using your hours twice per year. We will work with you to ensure you have choice over the specific type of provision that you want your child or young person to attend. We will then match you to your suited provision (this is called your allocation). Children and young people can choose from a range of fun, stimulating activities with a range of providers. Activities include after school, weekend and holiday play schemes.

Some activities are weekly sessions, where participants can sign up for a block with the assumption that participants will go to all the sessions.

Getting to your Short Break

The Royal Borough of Greenwich commissioned short breaks offer does not include transport. By not commissioning transport as part of our offer we have been able to provide more places for children to access activities. If your child or young person needs help getting to and from your short break please discuss with your social worker or the Short Breaks team.

How to apply for the Short Breaks Programme

To access the short breaks programme for your disabled child or young person, you will need to complete a self-referral form (which you can download from the Greenwich Local Offer website) and submit it to the Short Breaks team by email or post (please see bottom of page 6 for contact details). If your child or young person is already in receipt of a specialist package contact the Short Breaks Team, they will be able to support you with your core offer allocation.

There is now a single point of access to refer your child or young person for any short break. This allows us to ensure that we are able to allocate places in a fair and transparent way.

Once a referral has been received, a member of the Short Break team will be in contact to discuss your referral, your self-assessment and gather additional information as needed. A decision will be made in relation to your child’s short break eligibility within six weeks.

How to pay?

The payment for your child’s short break will go directly to the provider. If you are in receipt of a specialist package of support, the Local Authority can pay the provider directly on your behalf, which will be discussed with you and included in your support plan. In any other case you will be responsible for paying the provider directly.

The name and details of the contact person for each organisation are given at the end of each event’s description in the brochure. Once you have been allocated your provision, you will need to work with the provider to register and ensure they have all the information required to support your child or young person.

You will be given an offer of hours based on assessed need. If you want more hours you may be able to purchase more through the provider but will be charged at full cost. All prices listed are cost per session for all providers.

Contributions from your specialist package;

If a family in receipt of a specialist package of support wishes to access the 100 hour Core Offer of commissioned services, they will be asked to contribute either:

• £500 of their personal budget or direct payments which is equivalent to 38 hours of direct payment support or

• We will deduct 38 hours of agency care from your annual package of support

By accessing the Core Offer, families will still experience an overall increase in support as the subsidised activities provide better value for money. Namely, 100 hours provision for the cost of only 38 hours!

These contributions will go back in to the short break budgets affording us to be able to continue on-going funding of targeted and specialist short break provision moving forward.

Personal Budgets and Direct Payments

Children and young people can use their personal budget or direct payment to pay to access their short break. This must have been agreed as part of their disabled child support with their lead professional / social worker. If you have any questions about this please contact your social worker or the Short Breaks team.

If you would like further information on direct payments and personal budgets please see link below www.tinyurl.com/RBGpersonalbudgets
Your Short Break Plan
Following your short breaks assessment, your agreed support plan, including relevant information about your child, will be sent to your chosen provider. The social care team will continue to review your assessed needs and support package on a regular basis.

When allocating provision for a child or family, the council must take into account the total package of support each child receives. Those already in receipt of a specialist package of support are provided council resources to access or arrange their own provision to meet the outcomes for their disabled child or young person.

How we will use your information
All Council staff have a legal duty to keep information about you and your child confidential.

If we wish to include any images of your child/young person accessing a scheme then we will seek consent with you before any images are used in any publications or promotional material.

Any questions?
If you would like to discuss anything in relation to the new Short Breaks programme, or would like further information, please contact the Short Breaks team. Call 0208 921 3002, email Short-Breaks-Referrals@royalgreenwich.gov.uk or write to The Woolwich Centre, 35 Wellington Street SE18 6HQ.

For more information on the below topics please follow the links;

Short Breaks:
www.tinyurl.com/RBGshortbreaks

Direct Payments and Personal Budgets:
www.tinyurl.com/RBGpersonalbudgets

Support for Parents/Carers:
www.tinyurl.com/RBGsupportforparentsandcarers

Social Care:
www.tinyurl.com/RBGsendsocialcare

Targeted Short Breaks Referral Pathway

1. Contact is made with Short Break Service
2. Self-assessment is completed by family and information gathered by Short Break Service
3. Short Break Plan recommends provision in line with assessed need
4. Plan is agreed at panel, type and level of package confirmed. The child or young person may be signposted to universal services if they do not require a targeted short break.
5. With parental consent, referral information sent to provider of choice including child’s plan and level of package agreed.
6. Plan is reviewed annually

Specialist Short Breaks Referral Pathway

1. Contact is made with Multi Agency Safeguarding Hub (MASH) and threshold for social work assessment is identified and met
2. Social Work Assessment and Resource Allocation System (RAS) is completed
3. Disabled child support plan recommends service in line with assessed need
4. Plan is agreed at panel, type and level of package is confirmed
5. With parental consent, referral information sent to provider of choice including child’s plan and level of package agreed. The child or young person may be allocated targeted support if they do not require a specialist short break.
6. Plan is reviewed annually
Greenwich Leisure Limited

Family Splash

For children and young adults with disabilities and their families to enjoy a ‘fun swim’ session with floats. All children must be accompanied in the water and adhere to swim safety rules.

**When?**

- Greenwich Centre: Sundays, 1pm-2pm
- Eltham Centre: Sunday 9am-10am

**Cost:** Free

**Transport:** No

**Swim safety rules:**

- Under 8’s and non swimmers under 16 must be accompanied in the water by a competent adult swimmer
- No more than two under 8’s or non swimmers under 16 to each competent adult swimmer
- The competent adult swimmer must actively supervise under 8’s and non swimmers under 16
- Under 8’s and all non swimmers must remain in shallow water
- We strongly recommend under 8’s and all non swimmers use armbands and/or appropriate buoyancy aid
- Adult non swimmers – it is recommended that non swimmers over the age of 16 are accompanied in the water by a competent adult swimmer

Contact:

Anthony Jones
- 07483006431
- Anthony.jones2@gll.org
- better.org.uk/greenwichcentre/activities
- better.org.uk/elthamcentre/activities

ADO Services

**The ADO Short Breaks Holiday Club**

The ADO Short Breaks Holiday Club is run each school half-term and holiday break for children and young people aged 8 to 17. The Short Breaks Club is a unique offering open to both mainstream children and young people and to cater for those with disabilities, special needs and social and emotional needs* (Subject to Terms)

**When?**

Each and Every Half-Term and Holiday (Easter-May-Summer-October-Festive and February)

**Times:** 10am until 3pm

**Venue address:**
Education & Therapy Centre, Poets Corner, Keats Road, Welling, DA16 3NB

**Cost:** £30 per day

**Transport:** No

**Transport Cost:** No

Contact:

ADO Services Main Office
- 020 8850 6778
- education@adoservices.co.uk
- www.adoservices.co.uk
The Maypole Project
Inclusive Activities
SEN Soft Play Dates and Drumming workshops

Drumming workshops

When? 2019 dates
Once a month.
Thursday 9 May, Thursday 13 June, Thursday 11 July, Thursday 8 Aug, Thursday 12 September, Thursday 10 October, Thursday 14 November, Thursday 5 December (early due to Christmas hols) until 3pm

Times: 5.30pm - 6:30pm

Venue address:
Unit 3, Hopyard Studios, 13 Lovibond Lane, Greenwich SE10 9FY

Cost: £3 per session

Transport: No

Transport Cost: No

SEN Soft Play Dates

When? 2019 dates
Once a month.
Thursday 9 May, Thursday 13 June, Thursday 11 July, Thursday 8 Aug, Thursday 12 September, Thursday 10 October, Thursday 14 November, Thursday 5 December (early due to Christmas hols) until 3pm

Times: TBC (2 hours)

Venue address:
Sutcliffe Park Sports Centre, Eltham Road, London, SE9 5LW

Cost: £6 per session

Transport: No

Transport Cost: No

Contact:
Phil Price
01689 851596
helpline@themaypoleproject.co.uk
www.themaypoleproject.co.uk

Specialist – Primary

Specialist – Secondary

Ages: 4-15

The Maypole Project
Inclusive Activities 3 - Summer Activity Programme

When? 2019 dates

Week 1:
Tuesday 13 August, Wednesday 14 August, Thursday 15 August, Friday 16 August (outing Sailing @ahoy Centre)

Week 2:
Tuesday 20 August, Wednesday 21 August, Thursday 22 August, Friday 23 August (outing pick up point Hopyard studios destination tbc, potentially UnderRiver Riding centre, Sevenoaks)

Week 3:
Tuesday 27 August (outing Sailing @ahoy centre), Wednesday 28 August, Thursday 29 August, Friday 30 August.

Times: 9.30am - 2.30 pm

Cost: £15 per day

Transport: Outings ONLY

Transport Cost: £3.50 per person per journey

Venue address:
Sutcliffe Park, Kidbrooke.
Two of the outings will be held at the Ahoy Centre, Borthwick Street, Deptford, London, SE8 3JY. And the final outing is tbc but potentially may run to our horse riding centre we work with closely. The pickup point for all outings will be from Unit 3, Hopyard Studios, 13 Lovibond Lane, Greenwich SE10 9FY.

Contact:
Phil Price
01689 851596
helpline@themaypoleproject.co.uk
www.themaypoleproject.co.uk

Specialist – Primary

Specialist – Secondary

Ages: 4-15
**The Maypole Project**

**Inclusive Activities 4 - Easter and October breaks**

**When?**
Tuesday 9 April, Tuesday 22 October 2019.

**Times:** 9.30am - 2.30 pm

**Venue address:**
Ahoy Centre, Borthwick Street, Deptford, London, SE8 3JY

**Cost:** £15 per day

**Transport:** Yes

**Transport Cost:** £3.50 per person per journey

**Contact:**
Phil Price
01689 851596
helpline@themaypoleproject.co.uk
www.themaypoleproject.co.uk

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**Champions 4 Change**

**Champions 4 Change Wellbeing**

Champions 4 Change using uses physical exercise, boxing and goal setting as a positive tool for change. Our programs have a proven track record of helping young people to get active, build confidence/self-esteem, manage emotions in a positive way and build strong peer relationships. Our team work closely with the young people and the parents so we can support them in the best way and get to understand and cater for there needs effectively.

**When?**
Thursdays

**Times:**
Primary 4:30pm - 5:30pm
Secondary 5:40pm - 6:40pm

**Venue address:**
St Thomas Church, Woodland Terrace, SE7 8DB

**Cost:** £2.50 per session

**Transport:** No

**Contact:**
Scott O'Connor
07502 143964
info@champions4change.org.uk
www.champions4change.org.uk
Charlton Athletic Community Trust

Short Breaks service

A wide and varied provision offering a range of Short Breaks to young people aged between 13-17 yrs. Our collective Short Breaks provisions includes school holidays, Saturdays, Residential trips and a specific ASD provision delivered on a Monday evening.

When?
Annually we will be delivering 33 x Saturdays, 33 x ASD Monday night sessions, 8 weeks of half terms and holiday provision and 8 x 1 night residential using local hubs

Times:  Various

Venue address:
Charlton Athletic Community Trust, CAFC Training ground, Sparrows Lane, New Eltham, SE9 2JR

Cost:  £10

Transport:  Yes


Contact:
Steve Bannan
07984 732506
steven.bannan@cact.org.uk
www.cact.org.uk

Greenwich and Lewisham Young People’s Theatre

Play-in-a-week Summer School

One-day drama workshops + inclusive theatre performances

One week summer school where we’ll make a play together to perform to friends and family on the final day. One-day drama workshops that will build skills in confidence and creativity. Participants will also have opportunities to see performances by visiting theatre companies who make work inclusive for audiences with MLD/PMLD.

When?
Summer School: Monday August 5 to August 9 2019
Workshops take place each Saturday of a half-term/holiday

Workshop 1:
Saturday October 26, 2019 (Autumn Half-term Holidays)

Workshop 2:
Saturday December 21, 2019 (Winter Holidays)

Workshop 3:
Saturday February 22, 2020 (Spring Half-term Holidays)

Workshop 4:
Saturday April 11, 2020 (Spring/Easter Holidays)

Cost:
Summer school: £100 specialist / £62.50 targeted
Workshop: £20 specialist/ £12.50 targeted

Transport:  No

Transport Cost:  No

Venue address:
The Tramshed, 51-53 Woolwich New Road, London SE18 6ES

Contact:
Lucy Coren
020 8854 1316
lucy@glypt.co.uk
www.glypt.co.uk

One week summer school where we’ll make a play together to perform to friends and family on the final day. One-day drama workshops that will build skills in confidence and creativity. Participants will also have opportunities to see performances by visiting theatre companies who make work inclusive for audiences with MLD/PMLD.
New Lodge Riding for the Disabled

Horse riding for children and young people with special needs

Introductory Sessions
Tuesday evening half hour riding sessions for ten weeks a term
Introductory sessions cater to children from five years upwards. They will get a basic introduction into riding a horse and will be well supported. All children need to be able to climb a mounting block consisting of three steps with assistance if needed. Riding hats have to be worn which we supply.

Tuesday sessions run for ten weeks each term and the next course will start on Tuesday 30 April. There are two slots 4.4 pm and 5.15pm.

Pony mornings
Two hour sessions run in the school holidays
At pony mornings, the children and young people will learn about looking after horses and grooming as well as riding. Suitable for children eight years old upwards.
Children will need to be able to cope with listening to simple instructions within a group session. There will be some waiting as this will be larger groups.
The pony morning dates are still to be confirmed but will be during the Summer Holidays for two hours.

Weekend sessions
Weekend sessions run all year round and the next course will begin from the beginning of April
Weekend sessions are offered to more able students to allow them to progress. Sessions are not suitable for all children. Riders will need to be assessed by New Lodge before referral to the weekend places. We will try and allocate weekend appointment to suit individual families. Sessions are half hour and each course runs for six months.

Cost: £2.50 per session
Transport: No
Transport Cost: No

Venue address:
New Lodge Centre, Mottingham Lane, Eltham SE9 4RW

The AHOY Centre

Sailability

Providing activities and support for Disabled People and SENS – age range from 12 upwards.
AHOY offers an opportunity for those to take part in activities both in sailing & rowing - building confidence, self-esteem, life skills and to become part of the community and help out. Alongside these activities we have our T2T (Time to Talk) mentoring programme to provide emotional support and to develop coping mechanisms and build resilience.

Also as part of our training and activities we run: basic cooking skills – Working Canvas – employment training – martial arts
Overnight accommodation can be provided.

When? Wednesday
Times: From 10 am through to 6:15pm – participants can attend part of the day where suitable

Venue address:
The AHOY Centre, Borthwick Street, Deptford, SE8 3JY

Cost: From £10 a session
Transport: No
Transport Cost: No

Contact: Marta Szymanska
020 8691 7502
marta@ahoy.org.uk
www.ahoy.org.uk

Contact: Hilary Crawford
020 8851 6447
hilary.crawford@virgin.net
www.newlodgeida.org.uk
AllKidsCan Ltd

AKC Inclusive Holiday and Weekend Provision

The provision will run separate Saturday Clubs which run in 5 week blocks throughout the year (Dates TBC). Holiday Provision will run for all school holidays including February, Easter (2 weeks), May Half term, Summer (4 weeks), October half term. All courses will be primarily based at Charlton Park Academy and will include both on and off site activities including Swimming, Arts/Crafts, Sensory activities, Sports, cooking as well as many off site trips into the community including Zoo/Farm Trips, Bowling, Trampoline parks, Museums, Parks, Seaside trips and many more. All activities are organised specific to the groups needs to remain inclusive throughout.

When?
Specific dates of provision TBC

Times:
Saturday Clubs: 9am - 2pm
Holiday provision: 10am - 3pm

Venue address:
Charlton Park Academy,
Charlton Park Road,
SE7 8HX

Cost: £45 per session
Transport: Yes
Transport Cost: £5 Transport

Contact:
Chris Eather
020 8836 8906
shortbreaks@allkidscan.co.uk
www.allkidscan.co.uk

Willow Dene School

Summer Play scheme

This play scheme is aimed at Royal Greenwich children who are working at early P Levels with sensory needs and communication difficulties, from reception age to year 5.

We have planned a programme of events based at Willow Dene school which will include local visits, outdoor play, soft play, cinema, on site swimming, art, forest schools and play activities.

When?
2019 dates
Weeks of 23 July and 30 July

Times: 9.15 am -3.15pm

Venue address:
Willow Dene School,
Swingate Lane,
Plumstead, SE18 2JD

Cost: £15 per day
Transport: Yes
Transport Cost: Additional £25 per day

Contact:
Alice Grimwood / Ryan Russell
020 8854 9841
agrimwood@willowdene.compassps.uk
rrussell@willowdene.compassps.uk
For the most up-to-date version of this brochure, please visit greenwichfamiliesinformation.org.uk