

Primary 2021 Menu Week 1

Willow Dene – Blended Diet Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Pollock Fillet VMC 128808 <i>With Mashed Swede and Sweet Potato</i>	Roast Chicken NO BURGER BUN OR LETTUCE with Roasted Sweet Potato	Sweet Potato and Chickpea Roast <i>With Parsnip</i>	Pollock Fillet VMC 128808 <i>With Butternut Squash</i>	Pollock Fillet VMC 128808 <i>With Sweet Potato</i>
Vegetables	Carrots Cauliflower	Peas Broccoli	Carrots Peas	Broccoli Carrots	Peas Carrots
Desserts	Brownie PUREE WITH CUSTARD	Plain Sponge Cake PUREE WITH CUSTARD	Mandarin PUREE WITH BANANA	Mandarin PUREE WITH BANANA	Apricot & Carrot Slice PUREE WITH CUSTARD
Fruit	Pureed Banana NO FRUITS THAT CONTAIN SMALL SEEDS E.G. RASPBERRIES				
ENSURE VEGETABLES ARE WELL COOKED THIS MENU EXCLUDES UNCOOKED COWS MILK BUT CONTAINS DAIRY					

IMPORTANT:

PUREE ALL MAIN, SIDE & VEGETABLE DISHES WITH VEGETABLE STOCK

ALL MAIN DISHES, SIDES, VEGETABLES AND DESSERTS TO BE PASSED THROUGH A CHINOIS

Primary 2021 Menu Week 2

Willow Dene – Blended Diet Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Quorn Sausage <i>With Mashed Swede and Sweet Potato</i>	Chicken Tikka Masala with Roast Sweet Potato	Roast Turkey with Roast Sweet Potato	Pollock Fillet VMC 128808 <i>With Butternut Squash</i>	Roast Chicken with Roast Sweet Potato
Vegetables	Cauliflower Broccoli	Broccoli Peas	Carrots Peas	Broccoli Carrots	Peas Carrots
Desserts	Rice Pudding with Tinned Peaches PUREE WITH JUICE FROM PEACHES	Tinned Peaches PUREE WITH CUSTARD	Tinned Peaches PUREE WITH CUSTARD	Chocolate Cake PUREE WITH CUSTARD	Plain Sponge Cake PUREE WITH CUSTARD
Fruit	Pureed Banana NO FRUITS THAT CONTAIN SMALL SEEDS E.G. RASPBERRIES				
ENSURE VEGETABLES ARE WELL COOKED THIS MENU EXCLUDES UNCOOKED COWS MILK BUT CONTAINS DAIRY					

IMPORTANT:

PUREE ALL MAIN, SIDE & VEGETABLE DISHES WITH VEGETABLE STOCK

ALL MAIN DISHES, SIDES, VEGETABLES AND DESSERTS TO BE PASSED THROUGH A CHINOIS

Primary 2021 Menu Week 3

Willow Dene – Blended Diet Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Pollock Fillet VMC 128808 <i>With Mashed Swede and Sweet Potato</i>	Sweet Potato and Chickpea Roast <i>With Parsnip</i>	Roast Turkey with Roast Sweet Potato	Mild Potato and Chickpea Curry PUREE WITH RUSTIC TOMATO SAUCE REPLACE WHITE POTATO WITH SWEET POTATO	Pollock Fillet VMC 128808 <i>With Butternut Squash</i>
Vegetables	Cauliflower Broccoli	Carrots Peas	Carrots Peas	Broccoli Peas	Peas Carrots
Desserts	Mandarin PUREE WITH BANANA	Peach Shortbread Pudding PUREE WITH CUSTARD	Plain Sponge Cake PUREE WITH CUSTARD	Mandarin PUREE WITH BANANA	Plain Sponge Cake PUREE WITH CUSTARD
Fruit	Pureed Banana NO FRUITS THAT CONTAIN SMALL SEEDS E.G. RASPBERRIES				
ENSURE VEGETABLES ARE WELL COOKED THIS MENU EXCLUDES UNCOOKED COWS MILK BUT CONTAINS DAIRY					

IMPORTANT:

PUREE ALL MAIN, SIDE & VEGETABLE DISHES WITH VEGETABLE STOCK

ALL MAIN DISHES, SIDES, VEGETABLES AND DESSERTS TO BE PASSED THROUGH A CHINOIS